What is claimed is:

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- 1. A memory device for performing a refresh operation in a self-refresh period instigated for every constant time interval after entering into a self-refresh mode, comprising:
- a low-power controller outputting a enable signal for enabling the power supply means during the self-refresh period after being enabled in the self-refresh mode; and
- a power supply means receiving the enable signal for supplying a low and a high voltages used in an internal circuit by using an external supply voltage and a ground voltage,

wherein the low voltage is lower than the ground voltage and the high voltage is higher than the external supply voltage.

- 2. The memory device of claim 1, wherein the power supply means for refreshing stored data during a self-refresh period operated for every predetermined interval after entering into a self-refresh mode includes:
- a high power generator for supplying the high voltage to the internal circuit, the high voltage being higher than the power voltage; and
- a low power generator for supplying the low voltage to the internal circuit, the low voltage being lower than the ground voltage.

- 3. The memory device of claim 2, wherein the power supply means further includes a normal-power generator for supplying an internal voltage to the internal circuit.
- 5 4. The memory device of claim 1, wherein the low power controller includes;
 - a first NAND gate receiving a self-refresh enable signal enabled in the self-refresh mode and a self-refresh termination signal enabled at a moment of terminating the self-refresh period;

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- a second NAND gate receiving an output signal of the first NAND gate and an output signal of a third NAND gate; and
- a third NAND gate receiving an inverted signal of a self-refresh operating signal enabled at a moment of beginning the self-refresh period and an output signal of the second NAND gate.
- 5. The memory device of claim 3, wherein the high voltage generator includes:
- 20 a high voltage sensor for sensing the second power voltage level and being disabled in the self-refresh period;
 - a generator for generating a clock signal by being controlled by a result sensed by the high voltage sensor; and
- a high voltage generating pump for generating a high 25 voltage by being controlled by the clock signal.
 - 6. A method for operating the memory device, comprising

the steps of:

entering into a self-refresh mode; and

operating a refresh operation in a self-refresh period instigated for every constant interval of the self-refresh 5 mode,

wherein the internal power is supplied during the selfrefresh period of the self-refresh mode.